



2019

Calendar of Events

**MAY
25**

Tour d'Epicure - Okanagan

An exciting one-day cycling and epicurean adventure for the connoisseur of food, wine and cycling in the Okanagan Valley.

Tour for Kids Alberta

Three days of cycling through the Rockies with gorgeous views and rolling hills. Stay overnight at Camp Kindle.

**JULY
12-14**

**JULY
27-28**

Tour for Kids Atlantic

Two days of cycling along the Bay of Fundy through the Annapolis Valley

Ride for Karen

Known as the original Gran Fondo in the GTA, with 3 distances to choose from in this classic one day event (100km, 160km & 200km.)

**AUG
25**

**YEAR
ROUND**

The Inside Ride

Two-hour indoor cycling challenge that is fun, safe, team-based and promotes volunteerism and encourages physical activity. Becoming involved in The Inside Ride provides opportunities for businesses, organizations, universities, colleges and high schools to get involved.

**AUG
16-18**

Tour for Kids Ontario

Choose 1 or 3 days of cycling in Kawartha Lakes region

National Kids Cancer Ride

Two groups of cyclists ride 18 days from Vancouver to Halifax in relay style visiting many childhood cancer facilities along the way.

**SEPT
4-21**

**SEPT
14-15**

Knobby Tire

Two day mountain biking adventure north of Peterborough.

Paddle for Health

SEPT 7

SEPT 25

GALA

Tour d'Epicure - Niagara

Discover the scenic pleasures, classic cycling routes and unmatched food and wine delights of the Niagara Peninsula.

**SEPT
28**

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From cycling events to team-building activities, we raise needed funding for worthy childhood cancer charities whose programs support children with cancer and their families.